SEP

Change Direction Sparks Marina Loop September 19, 2020 8:30 am - 11:00 am









Hope

Recovery

Resilience

Know the Five Signs







The VFW Post 3396 and Nevada Department of Veterans Services have partnered up for a suicide prevention and Change Direction Sparks Marina Loop. The Sparks Marina Loop is a 1.9 mile heavily trafficked loop trail located near Sparks, Nevada that features a lake and is good for all skill levels. Dogs are also able to use this trail but must be kept on leash.

We will adhere to all Federal, State and CDC Guidelines and will require each participant that attends follow these simple tips. Please when in crowds social distance and wear masks. We are not allowed to give food or drink, so be prepared and bring drinks and food for the Walk/Roll/Run.

This event is open to all ability groups to help spread the awareness of Suicide Prevention.

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