## Resources from the Chat Box

Center for Women Veterans Roundtable Nevada December 1, 2020 at 1:00pm Pacific Time

David Boire, Regional Representative, Senator Rosen david\_boire@rosen.senate.gov

Cecilia Solberg, Military OneSource Nevada State Consultant, <a href="https://www.militaryonesource.mil/products/transition-flyer-veterans-696/">https://www.militaryonesource.mil/products/transition-flyer-veterans-696/</a> Cecilia.Solberg@militaryonesource.com

Angela Henderson, City of Las Vegas Military & Veteran Services Initiative

Cathy Girard, 1st Junior Vice Commander Dept of Nevada and Chapter Service Officer from Chapter 15. Nemesis@kittyhaven.com

Alanna Simpson, Regional Representative, Office of U.S. Senator Catherine Cortez Masto (NV)

Center for Women Veterans Staff:

Executive Director, Jacquelyn Hayes-Byrd
Deputy Director, Elizabeth Estabrooks
Communications Manager, Missina Schallus
International & National Outreach Manager, Ana Claudio 00W@va.gov

Debbie Balsinger- Congressman Amodei's Office (CD2)

Bobi Oates, V Chair NV Women's Veterans Advisory Committee, Pres Air Force Association, Thunderbird and Southwest Region, VP Women Veterans of NV, and lots of other Veteran organizations

Val Bevans, Management Analyst and Public Affairs Officer, VBA Reno Regional Office

Alexandra Martinez, Women Outreach, State Scheduler & Regional Representative, Office of U.S. Senator Jacky Rosen (NV)

Rebecca Ryals, Veteran Outreach Specialist, Women Veteran Coordinator, VBA Reno Regional Office

From Kim Donohue- NDVS Support Staff: Here are important resource links: Center for Women Veterans <a href="https://www.va.gov/womenvet/">https://www.va.gov/womenvet/</a>

VA Women Veterans Health https://www.womenshealth.va.gov/

From Missina Schallus: Follow the Center for Women Veterans on Facebook and Twitter@VAWomenVets

From Charm McElree: Operation Recognition - A program that awards eligible veterans (Men and Women) of WWII, Korean Conflict and Vietnam Wars who left high school to serve our country before they had the chance to graduate. I am a volunteer who works closely with the NDVS in helping these vets receive what they so rightly deserve but never thought they could obtain. Please contact me for more information. cmcelree2000@yahoo.com or 760 885-0935.I assist the vet directly. This is a program created to thank them for their service.

Kacie Ortiz, North Eastern Nevada Veteran Service Officer. ortizk@veterans.nv.gov or 775-387-0306 Feel free to reach out if you have any questions about benefits or how to obtain them

From Kim Donohue- NDVS Support Staff: NDVS Women Veterans Web Page https://veterans.nv.gov/benefits-and-services/women-veterans/

NDVS VSO services <a href="https://veterans.nv.gov/benefits-and-services/veterans-service-officers/">https://veterans.nv.gov/benefits-and-services/veterans-service-officers/</a>

From Eduardo (NDVS): NDVS Nevada Veterans Advocate Program: <a href="https://veterans.nv.gov/community/veterans-advocacy/">https://veterans.nv.gov/community/veterans-advocacy/</a>

From Brenda Campbell: inTransition is a national, free, and confidential program that offers specialized coaching and assistance to ALL military members and veterans who are seeking behavioral health care services. 24/7/365. <a href="https://pdhealth.mil/inTransition">https://pdhealth.mil/inTransition</a> 800-424-7877

Contact me for more information: Brenda Campbell Brenda.g.campbell7.ctr@mail.mil or 202-568-7877

From ANNE DAVIS: If you would like a Nevada Woman Veteran pin, please send me your name and address and I will put one in the mail to you. You can email me at avdavis82@gmail.com

From Aimee Johnson, VA, Suicide Prevention: For more information about mental health, substance use and suicide prevention resources please visit: https://www.mentalhealth.va.gov/

From Aimee Johnson, VA, Suicide Prevention: To find local VA treatment options, or non-VA treatment options, visit our resource locator: <a href="https://www.veteranscrisisline.net/get-help/local-resources">https://www.veteranscrisisline.net/get-help/local-resources</a>

From VBA RENO REBECCA RYALS: VBA national benefits assistance telephone contact: 1-800-827-1000.

https://www.va.gov/

Local Reno Regional Office assistance: Las Vegas (702) 224-6840 Reno (775) 321-4712 (a VA representative will contact you within 1 business day)

https://vbaw.vba.va.gov/Reno/

From Kim Donohue- NDVS Support Staff: Encourage all to put the Veterans Crisis Line in your phone contacts list, 1-800-273-8255, press 1

Confidential chat at VeteransCrisisLine.net

Text 838255 24 hours a day/365 days a year, you do not need to be in crisis, sometimes just talking and connecting can help save a life.

From VBA RENO REBECCA RYALS: Reno Regional Office Veteran Readiness and Employment (VR&E): (702) 224-6837

From Shurhonda Love: this is the link to the Annual Report <a href="https://www.mentalhealth.va.gov/mentalhealth/suicide\_prevention/data.asp">https://www.mentalhealth.va.gov/mentalhealth/suicide\_prevention/data.asp</a>

From Kim Donohue- NDVS Support Staff: If anyone is interested we have 4 Mayor's Challenge Teams and Governor's Challenge Team, contact me at donohuek@veterans.nv.gov, 702-493-9117.

From Beth Hemmila - VSO NDVS (Host): Upcoming Discharge Upgrade Webinar with Starlyn Lara in January <a href="https://veterans.nv.gov/ndvs-virtual-webinars/">https://veterans.nv.gov/ndvs-virtual-webinars/</a>

From Cathryn Girard: What is the quote again?

From mathenyb: "To care for him who shall have borne the battle and for his widow, and his orphan"

From mathenyb: <a href="https://www.stripes.com/news/veterans/va-says-it-made-a-mistake-using-gender-neutral-motto-1.569465">https://www.stripes.com/news/veterans/va-says-it-made-a-mistake-using-gender-neutral-motto-1.569465</a>

From Dr. Maia Carter: I am going to have to sign off to do some patient care, however thank you for having me. Alexandra Allen is our Women's Health Medical Director is here to answer questions for the next few minutes.