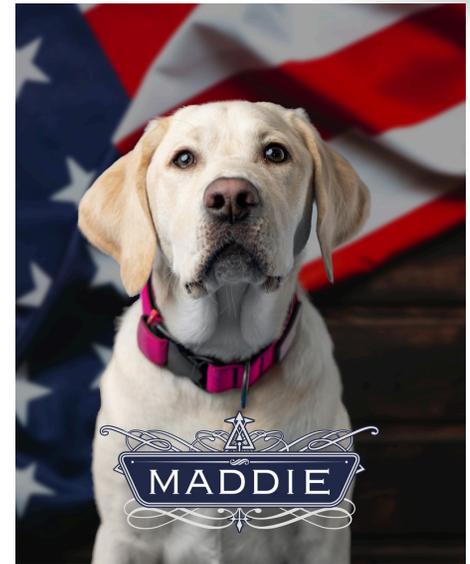


Wellness Program

Liberty Dogs Wellness and Education Program is a transformative experience tailored specifically for U.S. Veterans. This initiative is built on the belief that true change is an evolution, not an event, and is dedicated to guiding participants in becoming **the best version of themselves** through small, consistent, and intentional daily actions. It is a powerful blend of evidence-based practices and Veteran-informed care, which fosters coherency, personal growth, and long-term strength. Participants will actively engage in every dimension of whole-person health—**physical, emotional, mental, and social**—to support comprehensive and lasting well-being.



2026 Trainings

22-24 JAN

24-26 FEB

24-26 MAR

5-7 MAY

9-11 JUN

8-10 JUL

Get signed up today to take charge of your wellness journey!

- No cost for training or materials
- Lunch provided
- On Liberty Dogs Campus *

